

Program Overview

Our Recovery Enhancement and Case Management programs are tailored to the needs of those clients who need assistance in maintaining sobriety and other specific life goals. Recovery Enhancement and Case Management services are available during any point in the recovery process, but are primarily utilized to ensure compliance with post-treatment recommendations of a primary care treatment facility. Our services include tracking individualized requirements and reporting any non-compliance with those requirements to the appropriate sources.

- Southworth Associates Recovery Enhancement and Case Management Programs are separate programs that anyone can participate in, unlike the majority of professional programs that require a specific licensure.
- When utilized as part of an after-care program, Southworth Associates works in conjunction with the client's treatment program, incorporating all of their after-care recommendations into a Recovery Enhancement or Case Management contract.
- Southworth Associates' Recovery Enhancement and Case Management Programs relieve families of the burden of ensuring their loved one is following through with their treatment program's recommendations.

Program Requirements

Southworth Associates does not offer counseling or treatment services directly and depends heavily upon the experts from the clients' treatment program(s) to determine the appropriate after-care recommendations tracked for program compliance. Typical after-care requirements can include:

- 12 Step Meetings- 90 meetings in 90 days then 3-5 a week afterwards.
- Obtain a 12 Step Sponsor and meet with weekly
- Urinalysis/Drug Testing weekly for 3 months before stepping down the frequency.
- Attendance in aftercare/outpatient treatment services
- Periodic meetings with therapist/counselor psychiatrist
- Periodic workplace monitor meetings

Southworth Associates

- Over 15 years Monitoring & Case Management Experience.
- Program Coordinator is a Licensed Certified Alcohol/Drug Counselor (CADC) with over 20 years addiction experience.
- Medical Director is a MD with over 15 years experience in Psychiatry & Addiction Medicine.
- Medical Review Officer (MRO) is a MD with over 25 years in Addiction Medicine.

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Members of:



Southworth
ASSOCIATES
Interventions, Consulting & Monitoring

Recovery
Enhancement
&
Case
Management
Programs

*“Don't Leave
Treatment
Without It!”*

Southworth Associates Recovery Enhancement / Case Management Programs

Recovery Enhancement Program

Client Activities Monitored by
Recovery Enhancement Program:

Daily

- Random Alcohol & Drug Testing Call-Ins* (testing frequency determined during enrollment)

Weekly

- 12 Step Meetings
- 12 Step Sponsor Meetings

Monthly

- Outpatient/Aftercare Therapy

Quarterly

- Therapist meetings
- Psychiatric Follow-up
- Work-site monitor follow-up (when appropriate)

**Random drug screenings are conducted at an additional cost not include as part of the Southworth Associates Recovery Enhancement Program.*

Reports

Monthly compliance reports are sent to appropriate source (often the client's family or workplace)

Recovery Enhancement Program Enrollment

Enrollment into either program consists of filling out brief enrollment packet that consists of :

- Releases of Information
- Basic Demographic information
- Program Contract
- Admonition (Do's & Don'ts) List
- Billing Information (Program and Drug Testing)

Once the enrollment packet is received by Southworth Associates, the client is registered with our national testing facility partner and instructions are sent for testing and self-reporting of 12 Step compliance, along with all of the necessary forms. This secondary packet is sent out within one business day of receipt of the enrollment package.

Southworth Associates Case Management Program is a clinical extension of the Recovery Enhancement Program. Clients being Case Managed are also being Monitored. Southworth Associates' Case Managers make additional calls to the professionals involved in the client's recovery, increasing their level of accountability.

Months 1-2

- Client calls twice a week to discuss meeting attendance and overall recovery.
- Outpatient Facility every week
- Sober Living Home every week
- Sponsor calls every other week
- Therapist call every other week*
- Psychiatrist call every other week*

** Psychiatrists & Therapists can choose to send in weekly reports to Case Manager*

Months 3-5

- Weekly client calls to discuss meeting attendance and overall recovery.
- Outpatient Facility every other week
- Sober Living Home every other week
- Sponsor calls every other week
- Therapist call every other week*
- Psychiatrist call every other week*

Calls can be increased based on what is clinically appropriate for each client.

Months 6-8

- Client calls every other week to discuss meeting attendance and overall recovery.
- Outpatient Facility every other week
- Sober Living Home every other week
- Sponsor calls every other week
- Therapist call every other week*
- Psychiatrist call every other week*

Calls can be increased based on what is clinically appropriate for each client.

Months 9-12

- Monthly client calls to discuss meeting attendance and overall recovery.
- Monthly Outpatient Facility calls
- Monthly Sober Living Home calls
- Monthly Sponsor calls
- Monthly Therapist calls
- Monthly Psychiatrist calls

Calls can be increased based on what is clinically appropriate for each client.

