

# DISEASE PROGRESSION – SIGNS AND SYMPTOMS



**SOCIAL**

## Six Major Life-Areas Affected

#1 FAMILY/SCHOOL

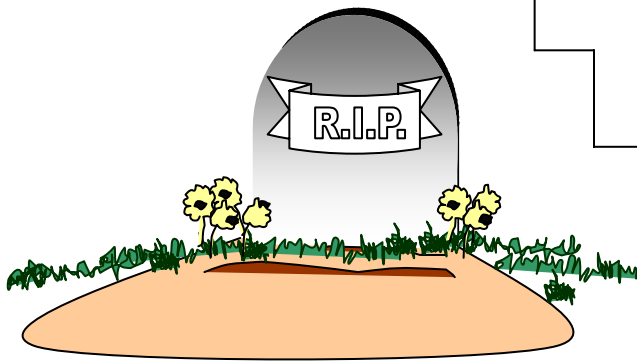
#2 SOCIAL

#3 FINANCIAL

#4 HEALTH

#5 LEGAL

#6 JOB



OCCASIONAL RELIEF DRINKING  
 CONSTANT RELIEF DRINKING COMMENCES  
 INCREASE IN ALCOHOL TOLERANCE  
 ONSET OF MEMORY BLACK OUTS  
 URGENCY OF FIRST DRINKS  
 SURREPTITIOUS DRINKING  
 FEELING OF GUILT  
 INCREASING DEPENDENCE ON ALCOHOL  
 UNABLE TO DISCUSS PROBLEM  
 MEMORY BLACKOUTS INCREASE  
 DECREASE OF ABILITY TO STOP DRINKING WHEN OTHERS DO SO  
 DRINKING BOLSTERED WITH EXCUSES  
 PERSISTANT REMORSE

GRANDIOSE AND AGGRESSIVE BEHAVIOR  
 PROMISES AND RESOLUTIONS FAIL  
 EFFORTS TO CONTROL FAIL REPEATEDLY  
 LOSS OF OTHER INTERESTS  
 TRIES GEOGRAPHICAL ESCAPES  
 WORK AND MONEY TROUBLES  
 FAMILY AND FRIENDS AVOIDED  
 UNREASONABLE RESENTMENTS  
 LOSS OF ORDINARY WILL POWER  
 NEGLECT OF FOOD  
 TREMORS AND EARLY MORNING DRINKS  
 PHYSICAL DETERIORATION  
 DECREASE IN ALCOHOL TOLERANCE  
 ONSET OF LENGHTY INTOXICATIONS  
 MORAL DETERIORATION  
 IMPAIRED THINKING

DRINKING WITH INFERIORS (OR CHRONIC USERS)  
 INDEFINABLE FEARS  
 UNABLE TO INTIATE ACTION  
 OBSESSION WITH DRINKING  
 VAGUE SPIRITUAL DESIRES  
 ALL ALIBIS EXHAUSTED  
 COMPLETE DEFEAT ADMITTED

## EARLY STAGE

- Increased Tolerance
- Few or no observable problems

## MIDDLE STAGE

- Loss of Control Over Amount & Frequency
- Blaming Others

## LATE STAGE

- Bio-Psycho-Social Spiritual Damage
- Can't Think Clearly

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# RECOVERY – SIGNS AND SYMPTOMS

## RECOVERY

- Enlightened and interesting  
Way of life opens up with road ahead to  
higher levels than ever before

## REHABILITATION

- Honest desire for help  
- Learns addiction is an  
illness

